

# Sokol Chicagoland Gymnastics

6360 S Belmont Rd Downers Grove, IL 60516 630-968-2699 ext 106 www.sokolchicagoland.org

## What's Sokol all about?

Sokol is a non-profit organization that promotes education and physical culture for the whole family. This includes:

Gymnastics (beginners/advanced)

Track & Field Conditioning Calisthenics

## Where's the location?

Experienced, trained, certified instructors and assistants will conduct classes at **Elite Sports Complex** (6360 S. Belmont Rd., Downers Grove).

# What's the cost?

## For the Upcoming Season:

- 1- Child Gymnast (3-17yrs) = \$400
- 2- Child Gymnasts = \$675

Adult Functional Fitness Wednesdays pm = \$150

- \*Unit Membership (non-gymnast) = \$55
- \*Unit Membership entitles you to attend, participate & vote at unit meetings.

#### When are the Classes?

# **Tuesday Nights - Beginning the 2<sup>nd</sup> Tuesday of September at Elite Sports Complex**

 1st Class Girls (6-8yrs: Grades 1-3)
 6:30pm - 7:30pm

 2nd Class Girls (9-11yrs: Grades 4-6)
 7:30pm - 9:00pm

 Junior Girls (12-17 yrs: Grades 7-12)
 7:30pm - 9:00pm

 Adult Functional Fitness
 9:00-10:00pm

# How do I register?

#### **Open registration will be held:**

At the first class

